

## **PSYC 295 Human Sexuality (3 Credit Hours)**

The School of Behavioral Sciences

Cincinnati Christian University

Spring: 2019

**Instructor:** C. Martin Justice, MA, LMHC, LCAC

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### **Course Description:**

This course is designed to cover a broad range of topics in the area of human sexuality including the broad range of attitudes, behaviors, knowledge, practices, and myths pertaining to sexuality. Content also covers sexuality over the life cycle, socialization, dating, marriage, family, different sexual orientations, law, relationships, contraceptives, and sexual responsibility. A Biblical perspective will be examined, and students will be encouraged to better understand their own sexuality as Christians. Prerequisite: PSYC 110.

### **Rationale**

Christians ought not be embarrassed when it comes to talking about sex and sexuality. Rather, it is imperative that a healthy view of sexuality in an increasingly confused and sexualized culture begin with a biblical worldview.

### **OBJECTIVES**

Upon completion of this course the student who has applied himself should be able to. . .

1. Understanding of the terms, language, and concepts of human sexuality.
2. Knowledge of sexual development, as well as experiences, family dynamics, and cultural roles in impacting sexual development.
3. An in-depth understanding of their individual sexual history integrated with their Christian faith and practice, for the purpose of preparation for working in a

therapeutic setting.

4. An awareness of sexual ethics and responsibilities.

### **Required Text:**

Greensburg, J., Bruess, C, and Oswalt, S. (2016). *Exploring the Dimensions of Human Sexuality, Sixth Edition*. Boston: Jones & Bertlett Learning.

**Additional articles/readings/handouts may be distributed in class.**

### **ASSIGNMENTS:**

**Research Paper:** The goal of the semester is to develop a grounded biblical worldview of human sexuality. Each week we will work to identify a topic that defines a biblical worldview of human sexuality.

- a) Each week summarize the content presented in class. The summary is not on the chapter, though may include parts from the chapter. One page each week. What seemed most important? What was challenging? What was affirming? What questions remain?
- b) Identify a topic you either want to cover more or that is not represented in the class that will add to a biblical worldview of sexuality definition. Research the topic using scholarly sources. Three pages.
- c) Answer the question: What is the purpose of sex? 1-2 pages

The paper should be written APA style.

**Book Review:** From the books listed below, pick one, read and apply. The review is **not** a summary. Assume that the book has been read. The paper may address the following: How is the book useful? What is most helpful? In what ways does it help shape a biblical worldview of human sexuality? Who should read the book? What weaknesses did you identify? 4-6 pages.

Possible books:

- The Wounded Heart: Hope for Adult Victims of Childhood Sexual Abuse , by Dan Allender
- Intended for Pleasure, by Ed Wheat
- Sexual Sanity for Men: Re–Creating Your Mind in a Crazy Culture, by David White
- Sexual Sanity for Women: Healing from Sexual & Relational Brokenness, by Ellen Dykas
- Wired for Intimacy: How Pornography Hijacks the Male Brain, by William Struthers

**Exams**

There will be a total of three in class quizzes and one final test.

**Grading Policy:**

Grades will be calculated according to the following formula:

Quiz 1-3 (10% each)	300 Points
Book Review	100 Points
Final Exam	200 Points
APA-style Research Paper	300 Points
Participation	100 Points

**Academic Accommodations**

Students who require academic accommodations due to any documented physical, psychological, or learning disability should request assistance from the Academic Support Director within the first two weeks of class. The Academic Support Office is located in the lower level of the Worship and Ministry Building (room 153). You may also contact the office by phone (244-8420).

**Attendance and Classroom Participation**

15 points will be deducted for the second class missed, 10 for the third and loss of all participation points after the third class missed. If a class is missed, the student is responsible for obtaining notes from missed lectures from another student and is expected to turn in any homework on time to receive credit. Leaving class early or arriving late will be counted as ½ of a missed class. Participation in discussions enhances the classroom environment. Use of technology is permitted in as much as it is not distracting.

**Late work:** Work turned in late will be reduced 10 points the first day it is late and one point for each additional day.

**Academic Honesty:** See student handbook for a full explanation. Plagiarism, cheating, and dishonesty will not be tolerated. Penalties for such behavior include automatic failure of the assignment for the first offense, failure of the course for the second offense, and expulsion or loss of all academic credit for the semester for the third offense.

**Disclaimer** The course instructor may alter assignments and dates as the need arises and always in the interests of the student.

Week	Topic	Assignment
28-Jan	Worldview and Human Sexuality - Ch. 1	
4-Feb	Bodies that Glorify God, Chapters, 4-5, 11	
11-Feb	Understanding Intimacy - Ch. 3 -	
18-Feb	Sexual Consumerism, Ch. 21	
25-Feb	Quiz 1	
4-Mar	Contraception, Conception, Pregnancy and Birth - Ch. 7, 8	
18-Mar	Gender Dimensions - Ch. 10	
25-Mar	Sexual Orientation - Ch. 12	<b>Book Review</b>
1-Apr	Responding to Sexual Brokenness - Ch. 16, 18, 19, 20	
8-Apr	Quiz 2	
15-Apr	Sexual Trauma - Ch. 17	
22-Apr	Sexuality in Childhood, Adolescence, Adulthood, Ch. 12, 13	
29-Apr	Healthy Sexuality – Ch. 14/SOS	<b>Research Paper</b>
6-May	Exam Week	