

## **PSYC 353 Substance Abuse & Addiction (3 Credit Hours)**

The School of Behavioral Sciences

Cincinnati Christian University

Spring: 2019

**Instructor:** C. Martin Justice, MA, LMHC, LCAC

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### **Course Description and Rationale**

This course will introduce the student to drugs and the effects on society and human behavior. Both licit and illicit drugs will be discussed from historical, psychological and sociological perspectives with a special emphasis on the impact of substance abuse on the family system. Treatment issues and counseling methods will be discussed. An application to ministry will be explored.

### **Course Objectives**

Upon completion of this course, you will be able to:

1. Explain basic terminology related to drugs and drug-taking behavior.
2. Identify the basic classes of drugs, drug names and the physiological impact of drugs on the human body.
3. Define drug dependence and abuse.
4. Discuss the impact of licit and illicit drug use on society, families, and the individual.
5. Discuss treatment issues and implications for ministry.
6. Explain the basics of motivational interviewing.
7. Discuss the historical and legal perspectives of drugs and drug use in our society.

### **Required Course Text:**

Capuzzi, D., & Stauffer, M. D. (2016). *Foundations of addictions counseling* (3rd ed.). Upper Saddle River, NJ: Pearson.

### **Required for Book Review:**

May, G. (2007). *Addiction and grace: Love and spirituality in the healing of addictions*. San Francisco, CA: HarperOne.

### **ASSIGNMENTS:**

- A) Read and respond to the above book. The book response should include: 1) Wrestle with key concepts – what challenged you, what was encouraging, 2) Provide a response as to the usefulness for ministry/professional work. 3) Critical analysis of the content. 3-5 pages
- B) Module Collaboration – Each module will include discussion on key topics. You will be expected to post by the Wednesday of each week and respond to other classmate discussion posts by Friday of each week.

### **Exams**

There will be a total of two in class exams and one final exam.

### **Grading Policy:**

Grades will be calculated according to the following formula:

Module Collaboration	200 Points
Exams (10% each)	300 Points
Final Exam	100 Points
Book Response	100 Points
Attendance/Participation	300 Points

### **Academic Accommodations**

Students who require academic accommodations due to any documented physical, psychological, or learning disability should request assistance from the Academic Support Director, Marie Reeves, within the first two weeks of class. The Academic Support Office is located in the lower level of the Worship and Ministry Building (room 153). You may also contact the office by phone (244-8420).

### **Attendance and Classroom Participation**

15 points will be deducted for the first class missed, 10 for the second and loss of all participation for the third class missed. If a class is missed, the student is responsible for obtaining notes from missed lectures from another student and is expected to turn in any homework on time to receive credit. Leaving class early or leaving early will be counted as ½ of a missed class. Participation in discussions enhances the classroom environment. Use of technology is permitted in as much as it is not distracting.

**Late work:** Work turned in late will be reduced 10 points the first day it is late and one point for each additional day.

**Academic Honesty:** See student handbook for a full explanation. Plagiarism, cheating, and dishonesty will not be tolerated. Penalties for such behavior include automatic failure of the assignment for the first offense, failure of the course for the second offense, and expulsion or loss of all academic credit for the semester for the third offense.

**Disclaimer** The course instructor may alter assignments and dates as the need arises and always in the interests of the student.

Week	Topic	Assignment	Foundations Chapter
22-Jan	COURSE INTRODUCTION		
28 - Jan	ADDICTION KNOWLEDGE, PART ONE	New Yorker Article "Don't" Video Discussion Collaboration	1
4-Feb	ADDICTION KNOWLEDGE, PART TWO	Collaboration	2, 16
11-Feb	TREATMENT KNOWLEDGE, PART ONE	Mechanism of Action Video	8, 11
18-Feb	TREATMENT KNOWLEDGE, PART TWO	Transcending Addiction and Redefining Recovery Video  Case Study  Collaboration	13

25 – Feb	PROFESSIONALISM ONE	Cultural Competence Continuum Video  Cultural Competence Assessment  Cultural Competence Discussion	4
4 – Mar	PROFESSIONALISM TWO	Professionalism Collaboration	15
11-Mar	SPRING BREAK		
18-Mar	EVALUATION, PART ONE	ASI/CAGE/DAST/MAST	5, 6
25 – Mar	EVALUATION, PART TWO	Evaluation Collaboration	9
1-Apr	SERVICE COORDINATION	ASAM PPC ASAM Chat What is a Recovery Coach  Service Coordination Collaboration	20
8-Apr	DOCUMENTATION		
15-Apr	Addictions and Grace		Book Response Due
22 -Apr	INDIVIDUAL COUNSELING, PART ONE	Gordon’s 12 Roadblocks	7
29 - Apr	INDIVIDUAL COUNSELING, PART TWO	The Power of Vulnerability  Individual Counseling Collaboration	
6 - May	GROUP COUNSELING	Smart Recovery Online Meeting  Group Counseling Collaboration	10
13 - May	Final Exam		