



Course

UNIV 010: Strategies for College Success, Section 10

Instructor: Karin Admiraal

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Class Meeting Time: Tuesdays and Thursdays, 11:30 a.m. – 12:20 p.m.

Location: Foster Hall

Office Hours: I am around 9 a.m. – 5 p.m. M-F. Stop by anytime.

Course Description

By participating in this course, students will continue to consider concepts of our identity as image bearers of God introduced and developed in BESS 101: Christian Belief and Practice. Students will further explore how this identity shapes their practice as students at CCU. Through the lenses of Purpose, Work, Rationality, and Value, students will be introduced to the concepts and skills that build success in college. As part of a larger first-year experience program, students will participate in activities to develop self-awareness regarding strengths and weaknesses, find motivation for academic success, and learn strategies needed to persist in college.

Course Objectives

Students who complete this course will:

- Reiterate the Biblical teaching that all human beings are created in the image of God and explain how this influences their role as students at CCU.
- Be able to identify aspects of the culture of CCU and define the terminology used at the institution.
- Apply the concept of rationality to areas of self-management including managing time, money, and stress.
- Explain the concept of vocation as it relates to their role as a student, and review skills needed for note taking, college writing, and college reading while applying skills to various assignments.
- Use a course syllabus to plan an effective study schedule, set goals, and map assignments.
- Reiterate the importance of work to identity and be familiar with the process of completing a degree and entering the workforce.
- Develop strategies for appreciating diversity and caring for themselves and others in light of their value as created by God.

To achieve course objectives, students will:

- Participate in classroom activities.
- Improve class preparation and learning through practice exercises.
- Build critical thinking skills and develop problem-solving abilities through graded activities.

Required Textbook and Materials

Forni, P.M. *The Thinking Life: How to Thrive in the Age of Distraction*. New York, St. Martin's Press, 2012.

Notebook and writing implement for note-taking

Notebook or looseleaf paper for journal (make sure you keep track of this for the whole semester; a significant portion of your grade for both this class and BESE 101 will come from these assignments)

Folder for keeping handouts

DISABILITY ACCOMODATIONS

Students who require academic accommodations due to any documented physical, psychological, or learning disability should request assistance from Ray Horton, the Director of Student Services. Students can contact Disability Services at ray.horton@ccuniversity or by phone at 513-244-8420.

GRADING POLICY

Students need a minimum of a "C" grade to pass this class. Students will be doing a variety of assessments and activities to accommodate multiple learning styles.

Conditionally admitted students must pass this class in order to remain at CCU. Conditionally admitted students who earn lower than a C in UNIV 010 will be placed on academic suspension.

UNIV 010: Strategies for College Success is a practicum for BSEG 101: Christian Belief and Practice. That is, you should use this class to continue to think about ideas introduced in the early week class. You should especially consider how you can put these concepts into practice. To emphasize the relationship between the two classes, you will complete in UNIV 010 work worth 15 percent of your grade for BSEG 101.

GRADING

In-Class Participation (70 points) - Since this class relies heavily on attendance and in-class participation, all in-class activities and assignments will make up a significant portion of each student's grade.

Reflection Paper (10 points) - Students will complete a reflection paper towards the beginning of the course that applies the concepts taught in Christian Belief and Practice to their lives as

students at CCU. The professor will provide a detailed outline of paper requirements at the beginning of the semester (This paper counts for 5 percent of your Christian Belief and Practice grade).

Journals (10 points) – Students will complete 10 journal entries throughout the course of the semester. Journals will be completed in class and will focus on concepts discussed in the course textbook and class discussions (these 10 points also count for Christian Belief and Practice).

Final Project (10 points) - Each student or group of students will design and present an end of semester project. Each project will have a theme and incorporate the ideologies and skills learned throughout the semester. Students will have seven to ten minutes to present to the class.

Course Requirements – Attendance and Participation

Students are expected to attend all class sessions and complete all required readings and assignments. In addition, students are expected to participate in class activities and discussions, to complete all in class and out of class writing assignments, and to complete a final project for evaluation. Missing more than 4 hours of class time will result in a grade of FA (failure due to absences).

Attendance and Preparation

- 1) Students are expected to be present and on time for class. Students who are late for class, or who are not engaged in class (sleeping in class, texting, etc.) may be counted absent for the day.
- 2) Please come to class prepared to learn (with books, paper, pencils, etc.). Bring the book on discussion days.
- 3) Assignments are due at the beginning of class on the date indicated on the course schedule.
- 4) As a courtesy to the professor and other students, please put cell phones on silent before class starts and keep them out of sight (yours and mine) for the duration of the class period unless instructed otherwise. Students who are observed using cell phones without permission from the instructor may be counted absent from class

Sneak Day Policy

In the event that Sneak Day falls on a day when class is scheduled, that day's scheduled activities will move to the next class period. Homework due on a day cancelled for Sneak Day will be sldo due the next scheduled class.

Course Schedule

Dates & topics are subject to change

WEEK ONE

Tuesday, August 28

IN CLASS: Course Overview – Start in Assigned Classroom

HOMEWORK: Buy class textbook

Thursday, August 30

IN CLASS: Welcome to CCU Module

Activities: Scavenger Hunt

Homework: Work on BSEG paper

Section 1: Created for a Purpose

WEEK TWO

Tuesday, September 4

IN CLASS: Values and Identity

Activity: Consider Your Values; Journal #16

Thursday, September 6

IN CLASS: Why Am I Here? and Why Am I *Here*?

Activity: Journal #17

Homework: *The Thinking Life* Introduction and Chapter 1 (Due Tuesday, Sept. 11)

WEEK THREE

Tuesday, September 11

IN CLASS: Our responsibility to live intentionally

Book Discussion 1: Introduction to How to Thrive in an Age of Distraction

Activity: Journal #18

Homework: *The Thinking Life* Chapter 6 (Due Thursday, Sept. 20)

Thursday, September 13

IN CLASS: Active Reading Strategies

Activity: A practical application -- The smartphone and living intentionally

Homework: Finish article and complete summary or graphic organizer (Due September 18)

Section 2: Created with Rationality

WEEK FOUR

Tuesday, September 18

IN CLASS: Choices and Mindset

Homework: Why? Paper (Due Tuesday, September 25)

Thursday, September 20

IN CLASS: Book Discussion 2 -- The Role of Thinking in Self-Management

Activity: Journal #19

Homework: Media Log (Due Thursday, September 27)

WEEK FIVE

Tuesday, September 25

IN CLASS: Managing Money

Homework: *The Thinking Life*, Chapter 10 (Due Tuesday, October 9)

Thursday, September 27

IN CLASS: Managing Time

Activity: Share Media Logs

WEEK SIX

Tuesday, October 2

IN CLASS: Managing Stress

Thursday, October 4

No Class – Fall Break

WEEK SEVEN

Tuesday, October 9

IN CLASS: Book Discussion 3 -- Creative Thinking

Critical and Creative Thinking

Activity: Journal #20

Homework: *The Thinking Life*, Chapter 9 (Due Thursday, October 18)

Thursday, October 11

IN CLASS: All-Strategies Engagement Activity

WEEK EIGHT

Section 3: Created for Work

Tuesday, October 16

IN CLASS: Vocation, Goals and Motivation

Thursday, October 18

IN CLASS: Book Discussion 4 -- Making Wise Decisions

More Goals and Motivation

Activity: Journal #21

Homework: Take Career Assessments; bring results to class Monday, October 23

WEEK NINE

Tuesday, October 23

IN CLASS: Career

Homework: *The Thinking Life*, Chapters 7 and 8 (Due Thursday, November 1)

Thursday, October 25

IN CLASS: Advising

WEEK TEN

Tuesday, October 30

IN CLASS: Study Skills and Note Taking

Syllabi Will Vary During the Month of November. Please adjust according to your class schedule, which is in the teacher guide.

Thursday, November 1

IN CLASS: Information Literacy

Book Discussion 5 -- Positive Outcomes from Thinking

Activity: Journal #22

Homework: *The Thinking Life*, Chapters 4 and 5 (Due Thursday, November 29)

WEEK ELEVEN

Tuesday, November 6

IN CLASS: Engagement Activity

Section 4: Created with Value

Thursday, November 8

IN CLASS: Title IX

Intro to Created with Value

WEEK TWELVE

Substance Abuse Prevention Week

Tuesday, November 13

IN CLASS: Alcohol Awareness or no class

Thursday, November 15

IN CLASS: Alcohol Awareness or no class

November 19-23 – Thanksgiving Break – No Class

WEEK THIRTEEN

Tuesday, November 27

IN CLASS: Introduce Final Project

Activity: Work on Projects in class

HOMEWORK: Finish Projects (Due Tuesday, December 11)

Thursday, November 29

IN CLASS: Book Discussion 6: Thinking and Yourself

Activity: Journal #23

Homework: *The Thinking Life*, Chapter 3 (Due Tuesday, December 1)

WEEK FOURTEEN

Tuesday, December 1

IN CLASS: Book Discussion 7 -- Thinking and Others

Activity: Journal #24

Homework: *The Thinking Life*, Chapters 11 and 12 (Due Thursday, December 13)

Thursday, December 3

IN CLASS: Diversity and Inclusion

WEEK FIFTEEN

Tuesday, December 11

IN CLASS: Presentations

Thursday, December 13

IN CLASS: Book Discussion 8 -- Wrapping it Up

Activity: Journal #25, Take Survey

Exam Week (December 17-20)

No Class Meeting

The instructor reserves the right to make any changes to the syllabus that he or she sees fit