



Course

UNIV 010: Strategies for College Success, Section 01

Instructor: Karin Admiraal

Office: PH 274

Office Phone: 513-244-8637

E-mail: Karin.admiraal@ccuniversity.edu

Class Meeting Time: Tuesdays and Thursdays, 11:30 a.m. -12:20 p.m.

Location: WM 147

Office Hours: I am around 9 a.m. – 5 p.m. M-F. Stop by anytime.

Course Description

By participating in this course, students will continue to consider concepts of our identity as image bearers of God introduced and developed in BESG 101: Christian Belief and Practice. Students will further explore how this identity shapes their practice as students at CCU. Through the lenses of Purpose, Work, Rationality, and Value, students will be introduced to the concepts and skills that build success in college. As part of a larger first-year experience program, students will participate in activities to develop self-awareness regarding strengths and weaknesses, find motivation for academic success, and learn strategies needed to persist in college.

Course Objectives

Students who complete this course will:

- Reiterate the Biblical teaching that all human beings are created in the image of God and explain how this influences their role as students at CCU.
- Be able to identify aspects of the culture of CCU and define the terminology used at the institution.
- Apply the concept of rationality to areas of self-management including managing time, money, and stress.
- Explain the concept of vocation as it relates to their role as a student, and review skills needed for note taking, college writing, and college reading while applying skills to various assignments.
- Use a course syllabus to plan an effective study schedule, set goals, and map assignments.
- Reiterate the importance of work to identity and be familiar with the process of completing a degree and entering the workforce.
- Develop strategies for appreciating diversity and caring for themselves and others in light of their value as created by God.

To achieve course objectives, students will:

- Participate in classroom activities.
- Improve class preparation and learning through practice exercises.
- Build critical thinking skills and develop problem-solving abilities through graded activities.

Required Textbook and Materials

Forni, P.M. *The Thinking Life: How to Thrive in the Age of Distraction*. New York, St. Martin's Press, 2012.

Notebook and writing implement for note-taking

Notebook or looseleaf paper for journal

Folder for keeping handouts

DISABILITY ACCOMODATIONS

Students who require academic accommodations due to a documented physical, psychological, or learning disability may request assistance from the Student Services Department. Students are encouraged to complete this process within the first two weeks of the semester. The Student Services Department is located on the upper level of Presidents Hall. You may also contact the office by phone at 244-8150.

GRADING POLICY

Students need a minimum of a "C" grade (77 percent) to pass this class. Students will be doing a variety of assessments and activities to accommodate multiple learning styles.

Conditionally admitted students must pass this class in order to remain at CCU. Conditionally admitted students who earn lower than a C in UNIV 010 will be placed on academic suspension.

GRADING

In-Class Participation and Assignments (70 points) - Since this class relies heavily on attendance and in-class participation, all in-class activities and assignments will make up a significant portion of each student's grade.

Reflection Paper (10 points) - Students will complete a reflection paper towards the beginning of the course that applies the concepts taught in Christian Belief and Practice to their lives as students at CCU. The professor will provide a detailed outline of paper requirements at the beginning of the semester.

Journals (10 points) - Students will complete 10 journal entries throughout the course of the semester. Journals will be completed in class and will focus on concepts discussed in the course textbook and class discussions.

Final Project (10 points) - Each student or group of students will design and present an end of semester project. Each project will have a theme and incorporate the ideologies and skills learned throughout the semester. Students will have seven to ten minutes to present to the class.

Course Requirements – Attendance and Participation

Students are expected to attend all class sessions and complete all required readings and assignments. In addition, students are expected to participate in class activities and discussions, to complete all in class and out of class writing assignments, and to complete a final project for evaluation. Missing more than 4 hours of class time will result in a grade of FA (failure due to absences).

Attendance and Preparation

- 1) Students are expected to be present and on time for class. Students who are late for class, or who are not engaged in class (sleeping in class, texting, etc.) may be counted absent for the day.
- 2) Please come to class prepared to learn (with books, paper, pencils, etc.). Bring the book on discussion days.
- 3) Assignments are due at the beginning of class on the date indicated on the course schedule.
- 4) As a courtesy to the professor and other students, please put cell phones on silent before class starts and keep them out of sight (yours and mine) for the duration of the class period unless instructed otherwise. Students who are observed using cell phones without permission from the instructor may be counted absent from class

Course Schedule

Dates & topics are subject to change

Tuesday, January 22

IN CLASS: Course Overview/College 101

Homework: Buy class textbook

Thursday, January 24

IN CLASS: Welcome to CCU Module

Activity: Scavenger Hunt

Homework: Learn your professors' names and how to contact them

Tuesday, January 29

IN CLASS: Title IX

Activity: How to Have a College-Level Discussion

Section 1: Created for a Purpose

Thursday, January 31

IN CLASS: Values and Identity

Activity: Consider Your Values; How to Write a College-Level Journal; Journal #1

Homework: Whom Do I Ask?

Tuesday, February 5

IN CLASS: Why Am I Here? and Why Am I *Here*?

Activity: Journal #2; How to Take Notes in Class

Homework: *The Thinking Life* Introduction and Chapter 1 (Due Thursday, February 7)

Thursday, February 7

IN CLASS: Our responsibility to live intentionally

Book Discussion 1 -- Introduction to How to Thrive in an Age of Distraction

Activity: Journal #3

Homework: *The Thinking Life* Chapters 4 and 5 (Due Thursday, February 14)

Tuesday, February 12

IN CLASS: Active Reading Strategies

Activity: A practical application -- The smartphone and living intentionally

Homework: Finish article and complete summary or graphic organizer (Due February 12)

Section 2: Created with Value

Intro to Created with Value

Activity: How to Write a College-Level Email

Homework: Email assignment

Thursday, February 14

IN CLASS: Book Discussion 2 -- Thinking and Yourself

Activity: Journal #4

Homework: *The Thinking Life*, Chapter 3 (Due Thursday, February 21)

Tuesday, February 19

IN CLASS: Alcohol Awareness

Thursday, February 21

IN CLASS: Book Discussion 3 -- Thinking and Others

Activity: Journal #5

Homework: *The Thinking Life*, Chapter 9 (Due Thursday, March 7)

Tuesday, February 26

IN CLASS: Diversity and Inclusion

Thursday, February 28

IN CLASS: Engagement Activity

Section 3: Created for Work

Tuesday, March 5

IN CLASS: Vocation, Goals and Motivation

Homework: Why? Paper (Due Thursday, March 21)

Thursday, March 7

IN CLASS: Book Discussion 4 -- Making Wise Decisions

More Goals and Motivation

Going Home – What to Expect

Activity: Journal #6

Tuesday, March 19

IN CLASS: Study Skills and Note Taking

Homework: Take Career Assessments; bring results to class Thursday, March 21

Thursday, March 21

IN CLASS: Career

Homework: *The Thinking Life*, Chapters 7 and 8 (Due Thursday, March 28)

Tuesday, March 26

IN CLASS: Advising

Thursday, March 28

IN CLASS: Information Literacy

Book Discussion 5 -- Positive Outcomes from Thinking

Activity: Journal #7

Tuesday, April 2

IN CLASS: Engagement Day

Section 4: Created with Rationality

Thursday, April 4

IN CLASS: Choices and Mindset

Homework: *The Thinking Life* chapter 6 (Due Tuesday, April 9)

Tuesday, April 9

IN CLASS: Book Discussion 6 -- The Role of Thinking in Self-Management

Activity: Journal #8

Homework: Media Log (Due Tuesday, April 16)

Thursday, April 11

IN CLASS: Managing Money

Tuesday, April 16

IN CLASS: Managing Time

Activity: Share Media Logs

Homework: *The Thinking Life*, Chapter 10 (Due Thursday, April 25)

Thursday, April 18

IN CLASS: Introduce Final Presentation

Activity: How to Give a College-Level Presentation

Homework: Work on Final Presentations

Tuesday, April 23

IN CLASS: Managing Stress

Thursday, April 25

IN CLASS: Book Discussion 7 -- Creative Thinking

Critical and Creative Thinking

Activity: Journal #9

Homework: *The Thinking Life* Chapter 12 (Due Tuesday, April 30)

Tuesday, April 30

IN CLASS: Book Discussion 8

Activity: Journal #10

Thursday, May 2

Final Presentations

Tuesday, May 7

Final exam study session

Thursday, May 9

Wrapping it Up

Take Survey

Exam Week (May 13-16)

No Class Meeting

The instructor reserves the right to make any changes to the syllabus that she sees fit